

















# Child Protection and GIRFEC Update for all school staff



June 2022

Securing the future... • Improving services

• Enhancing quality of life • Making the best use of public resources



### Intended learning



#### Staff will...

- Understand the continuum of concern from GIRFEC and wellbeing to Child Protection and risk of harm
- Understand the role of the key staff within school in relation to concerns
- Consider risks indicators in relation to particular forms of abuse
- Understand the responsibility of all to recognise and respond appropriately to concerns



# Why a Child Protection and GIRFEC update?



It is important that all practitioners understand these responsibilities:

- their duties of care
- the relationship between Getting It Right For Every Child (GIRFEC) and Child Protection
- the respective key language / terminology
- the levels and pathways of intervention and when each approach applies.





### Why is GIRFEC relevant?



Getting It Right For Every Child is the national approach, enshrined in the Children and Young People (Scotland) Act 2014 which:

- Links to How Good Is Our School?(4) quality indicators 2.1 and 3.1
- Supports UNCRC (United Nations Conference on the Rights of the Child)
- Reflects our schools' values, Curriculum for Excellence aspirations and the values of our Scottish Parliament: wisdom, justice, compassion and integrity
- Is reflected in the current focus on equity and excellence in education



## **GIRFEC Principles**





Working Together

**Understanding** 

Wellbeing

**Early** 

Intervention

Perth & Kinross Council



### The Wellbeing Indicators



Safe **H**ealthy **A**chieving **N**urtured **Active** Respected Responsible Included



Wellbeing is multi-dimensional. A child or young person's wellbeing in relation to one indicator may impact on and interact with their wellbeing in relation to other indicators. Each child and young person is unique and there is no set level of wellbeing that children should achieve.



### So what is 'a concern'?



Amongst other things, a concern might be...

disclosure a worry a response a change

a gut feeling



### What to do about a concern





If your concern relates to harm or risk of harm, then pass that concern to your school Child Protection Officer



# When does a concern become Child Protection?



Child Protection does not sit separately from wellbeing. Child Protection is about protecting a child from abuse or neglect and preventing the risk of them coming to significant harm.

Harm can result from one specific incident, a series of incidents, or an accumulation of low-level concerns over a period of time.

Abuse or neglect does not have to have occurred; it is sufficient that an assessment has identified a likelihood or risk of significant harm.



# What is your role in Child Protection?



All staff have a crucial role to play in protecting children and young people.

Children and young people who have a disclosure to make will choose who they disclose to.

It could be <u>any</u> staff member in the school so <u>all</u> members of staff need to be aware of Child Protection and how to respond to disclosures.

Responding to a Child's Disclosure of Abuse | NSPCC L YouTube



shutterstock com + 311621849



# What might some of the signs be...



- takes risks
- obsessive
- changes in eating habits
- irrational
- reluctant to change for PE
- Self-harming
- hungry
- talking about death or suicidal ideation
- angry or aggressive
- sleep problems
- withdrawn
- behaviour changes

- disengaged
- absences or missing from school
- lack of focus
- anxious, depressed mood
- clingy
- poor hygiene
- reluctant to go home
- sexualised language/behaviour
- tearful
- sore bits / bruises



### Neglect



Neglect is considered the most common form of child abuse.

Neglect consists in persistent failure to meet a child's basic physical and/or psychological needs, which is likely to result in the serious impairment of the child's health or development.

There can also be single instances of neglectful behaviour that cause significant harm.

Neglect can arise in the context of systemic stresses such as poverty, and is an indicator of both support and protection needs

NSPCC 'We're Here', Neglect subtitled - YouTube



### Additional vulnerabilites

The vulnerability of some children has increased because of the additional pressures resulting from the Covid-19 outbreak.

- Many have suffered loss and have had to manage the grief process during the restrictions, and without usual support networks.
- Some children have been at risk of, or may have suffered, harm and neglect, where that would not otherwise have been the case.
- Some children and young people have been exposed to more risks online.
- Families have suffered the impact of poverty caused by challenges to the economy, and the increased cost of living.



## **Covid-19 Vulnerability**



- Lockdown may have created new risks to women and children experiencing or recovering from domestic violence. It may also have created circumstances where instances of domestic abuse and coercive control have increased in frequency.
- For vulnerable children already experiencing poor mental health, any number of risk factors including, for example, fear and anxiety associated with Coronavirus itself, and the pressures of isolation in homes that may be over-crowded and lack outdoor space, may have had a significant impact upon them.
- Additional pressures placed upon families may have led to a deterioration in the mental health of parent/carer, or to increased alcohol consumption or drug use.



## **Covid-19 Vulnerability**



We may not be aware of the difficulties that have been faced by children and young people during the pandemic and the impact these experiences may have had.





# Mental Health and Suicide Prevention



When mental health becomes a concern, it can impact negatively across all GIRFEC wellbeing indicators. Any resources allocated to support mental health should be considered as a suicide prevention and child protection intervention (Steve Sweeney, Ssweeney@pkc.gov.uk)

https://web.microsoftstream.com/embed/video/b777b1c9e065-4f4c-a0b0e9a38234c4b0?autoplay=false&showinfo=true"

Self-Harm and Suicide Prevention on Vimeo

How to talk about Mental Health on Vimeo





(involve parents unless a CP concern indicates not doing so)



Agency	When
999 - Emergency services	Injury occurring, Police if about to harm or run off and likely to harm
GP	GP hours – serious risk of harm
NHS 24 and NHS 111	Out of hours – serious risk of harm
CAMHS	Currently open to CAMHS and Daytime working hours
Child Protection Duty Team	If concerned about home ability to keep safe
ECS centre (QIO team on Schoolimprovement@pkc.gov.uk or EP ECSPsychologists@pkc.gov.uk or 476242)	Unsure how to proceed



# What do I do if a child tells me about harm or abuse to them?



Stay calm and don't let your reactions show.

Listen carefully, using body language to encourage the child to keep talking.

If necessary check understanding by repeating their words or using a phrase such as "so you are saying..."

Do not promise confidentiality. Share the concern **immediately**, with a CPO in line with school policy.

Write down what has been said, verbatim, as soon as is possible; sign and date the record

If no one is available, and the concern is serious, call PKC Child Protection Duty Team on: 01738 476768.

If you can't reach that team, and feel that a child is in immediate danger then, without delay, report that concern directly to the police.

#### **DOING NOTHING IS NOT AN OPTION!**





#### Child Concern Detailed Record

Staff member	- name								
Staff member	r-position								
Name of child	d/youngperson				Class				
Date of birth					_				
Date of conce	ern/incident				Time				
Child's Name	d Person								
Outline of concern / incident (including any questions asked and any replies given)									
Action or decision taken									
Signed			Role			Date			



## Does confidentiality ever prevent me sharing a child protection concern?



No. Where a concern relates to child protection, information should <u>always</u> be shared.

Consent is not required and should not be sought.

If you are unsure, always seek advice from the Child Protection Officer.

This Photo by Unknown Author is licensed under CC BY-NC-ND



#### Remember...



- Almost all children and young people are well cared for.
- Some children may be at risk of harm. This can happen in a family, online without contact, by someone the child or young person knows, or by a stranger.
- Staff in schools are exploring and adapting to new ways of interacting and engaging with children and young people. Online and offline vigilance, along with knowledge of key processes and procedures is key to ensuring children and young people are protected.





### **Child Protection**



- It is vital that all members of staff know who the schools' Child Protection Officers are and pass information on to them immediately if it may be a Child Protection matter.
- The 2021 National Guidance for Child Protection is being looked at and procedures will change in line with this. You can read more about the new Guidance here:

  Supporting documents National guidance for child protection in Scotland 2021 gov.scot (www.gov.scot)
- For more information on PKC procedures and paperwork, see: <u>ECS Child Protection Guidance and</u> <u>Procedures (sharepoint.com)</u>



#### **CPO Mentors**



The CPO Mentors are available for support:

- Jo White (Letham Primary)
- Laura Knoyle (COPEEC)
- Lorna Mair (Pitlochry)
- Angela Thomson (Burrelton)
- Pauline Smith (Kinross Primary)
- Sharon Forbes (Oakbank)
- Nicola Tyrrell (Aberuthven)
- Christine Couser (Bertha Park)
- Senga Morran (Kinross High)

NEW SECONDARY CPO MENTORS WOULD BE WELCOMED ©



# ACRA (Age of Criminal Responsibility Act 2019)



The Age of Criminal Responsibility has changed from 8 to 12.

This will affect how Police treat younger children and is an evidence-based approach.

There will still have been a crime committed, and there may still be a victim being offered support. It is likely that action will still need to be taken in relation to the crime. The approach will be different, as the child will be offered extra support to avoid being involved with the Police in the future, and will not be charged or attend a legal Hearing.

#### For more information:

Age of Criminal Responsibility (Scotland) Act 2019: child interview rights practitioners – code of practice - gov.scot (www.gov.scot)