



Education & Children's Services
Improving Lives Together
Ambition | Compassion | Integrity

Health and Wellbeing Census

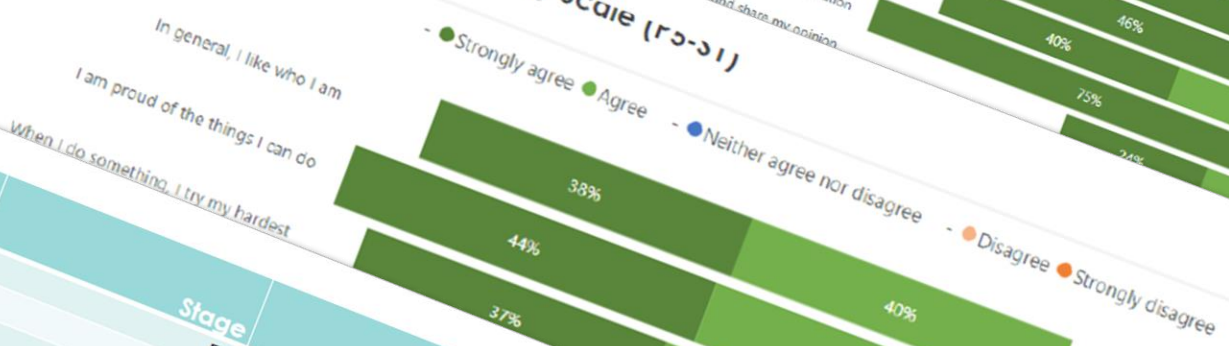
Reporting findings

- ▶ [Report](#) and PKC [Census results](#) shared at Learning and Families Committee – [15 March 2023](#)
- ▶ [National report](#) on census returns published

Attitudes to School Primary (3281 responses)



Warwick-Cainburn/ Stirling Wellbeing Scale (15-31) Responses: 4,249



Stage	Responses	Proportion of Roll
P1	986	68%
P2	882	59%
P3	855	59%
P4	760	55%
P5	560	46%
P6	313	37%
Total Primary	4354	54%

Stage	Responses	Proportion of Roll
P5	1394	69%
P6	1565	79%
P7	1535	75%
Total Primary	3300	74%

Going well

- ▶ Attitudes to school by children and young people are generally positive
- ▶ Positive about their neighbourhoods, feel safe in the place they live in always or most of the time and felt it was a good place to live
- ▶ Social well-being appears good in Perth and Kinross, with positive responses about peer relationships and general levels of self-confidence
- ▶ Majority of respondents exercise regularly and report that they are in good health
- ▶ Incidence of smoking is reducing, reported alcohol consumption remains a concern
- ▶ % of 15 year olds that had had sexual intercourse is lower than previous surveys

Areas for development

- ▶ Relationships
- ▶ Learner participation
- ▶ Healthy choices
- ▶ Anti – bullying
- ▶ Participation in physical activity
- ▶ Support for parents
- ▶ Mental health



Actions – mental health and wellbeing

Prevention and promotion:

- ▶ Nurturing Relationships
- ▶ Bounce Back
- ▶ Problem Solving skills
- ▶ National curricular materials

Responding: Anxiety, Self-harm and Suicide Prevention

Next steps

- ▶ Use information to inform strategy development and related actions, such as the Health and Wellbeing Strategy;
- ▶ Disseminate results to parents and the school community through parent councils and the PKC website;
- ▶ Share relevant information with key services across Council and partner agencies to inform improvement planning;
- ▶ Agree plan for future surveys.